# Sun Life Centre for Physically Active Communities Knowledge Mobilization Fund: Application

<u>Summary</u>: CPAC Members and students may apply for support to attend conferences related to physical activity and health, broadly speaking, across the lifespan. A pool of \$2,000 will be available for activities that support the knowledge mobilization mission of the Centre (conferences, workshops, speaking engagements etc.) and align with the Research Objectives. A cap of \$500 per person will be enforced. At this point, there is no limit on the number of times an applicant can be granted a KMF award. Award winners are expected to present at CPAC's annual conference, and provide a summary for publication on CPAC's website.

Knowledge Mobilization Fund applications must be for activities that align with the Centre's Mission and Vision or it's Research Objectives:

- **Objective 1:** Develop a coherent understanding of the effects of physical activity on the development of motor abilities, cognitive abilities, and social behaviours in children, youth, and adults.
- **Objective 2:** Explore the socio-ecological (individual, interpersonal, organizational, community, and public policy) antecedents and consequences of physical activity.
- **Objective 3:** Determine the cardiovascular, metabolic, neurophysiological, and muscular adaptations to physical activity.
- **Objective 4:** Quantify the health and wellbeing of individuals from a variety of perspectives, such as sleep, nutrition, cognitive, motor, social, and parental influences.

<u>Due Dates:</u> October 15 and March 15.

<u>Adjudication</u> The Executive Committee (four elected members of the CPAC membership) will rank applications. Rankings will be based on the following components <u>Demonstrated Need</u> (20%), Knowledge Mobilization Activity (40%) and <u>Alignment with CPAC</u> (40%).

<u>Application</u>: The application consists of a) a cover letter that includes the required information; b) a copy of your current CV; c) a maximum one-page (250 word; double spaced APA formatting, references additional) summary of the knowledge mobilization activity and how it is aligned with the Centre's objectives.

#### **Application**

#### A: Cover Letter

Write a cover letter that includes:

- Applicant name
- A brief description conference, workshop, event
- Applicant's department, (and if a student the program and year in the program)
- Method of contacting the applicant (email)
- How the event/conference or work work aligns with CPAC

#### **B:** Curriculum vitae

Provide the Centre's Executive Committee with a current CV, which should include information about publications, conferences, previous scholarships, workshops attended, and teaching assistantships.

#### C: Knowledge Mobilization Activity

Applicants must adhere to the word limits where specified. Any additional content will be removed prior to adjudication. Write in clear language

<u>Description of Knowledge Mobilization Activity (workshop, conference, invited speaker etc)</u>: In no more than 250 words (excluding references) describe:

### Conference/Workshop/Event

- Provide details regarding the conference/workshop/event to be attended. Include details such as location and date, sponsor or organizing body, number of people in attendance, type of audience (academic or general public), and other relevant details.
- Include rationalization for requesting funds (i.e., what other funds are available, such as from grant or other sources).

#### Information/research/community outreach

Provide details regarding the information/research etc. that will be presented (or gained) at the
conference/workshop/event. Explain the importance of attending the event for knowledge
mobilization.

## Alignment with CPAC Objectives

 Describe how the event and/or the information presented/gained align with one of the four CPAC objectives listed above.