



# Handpicked: Stories from the Field

*A production of the Laurier Centre for Sustainable Food Systems*

## Season 5, Episode 2 – “Taking Power Into Their Own Hands”: Women Leading Food Systems Change in Canada’s North, Ecuador, and Uganda

Featuring: Dr. Alison Blay-Palmer, Dr. Andrea Brown, and Carla Johnston

### Discussion Questions

1. *In what ways do women act as knowledge holders, leaders, and connectors within food systems across different contexts?*
2. *How do global governance frameworks (like the UN Committee on World Food Security) both support and limit gender justice and Indigenous rights?*
3. *What similarities emerge across the case studies in Quito, the Northwest Territories, and Kampala despite their very different contexts?*
4. *How do positionality and reflexivity shape the ethics and outcomes of research conducted across cultures and geographies?*
5. *What does an intersectional feminist approach reveal about food systems that gender-neutral or technical approaches often miss?*