



Season 3, Episode 3

Handpicked Presents: The Indigenous Health and Food Systems Podcast – “Environmental Dispossession”

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Discussion Questions

1. What is land?
2. What are some of the different ways that speakers described relating to land and land ownership? Why is the ‘family cottage’ a delicate conversation in Canada?
3. In what ways do the concepts of Coming Faces and the Three Sisters speak to environmental sustainability?
4. How does ‘land dispossession’ differ from ‘environmental dispossession’?
5. How does history and the ongoing colonization faced by Indigenous people affect the food system?
6. How could the return of land through the Land Back movement positively impact Indigenous people’s access to traditional foods and food practices?
7. Many of the students in this episode expressed challenges with discussing the ideas of stolen land and the Land Back movement with their families. If you were going to discuss this with your family, what language and ideas would you use?