



Season 2, Episode 3:

“We walk in the footsteps of our ancestors”: Traditional knowledge, youth engagement, and resilience in Déljñę

Featuring Mandy Bayha in conversation with Andrew Spring

Discussion Questions

1. How has the community of Déljñę respond to the pandemic? How is connection to the land fundamental to the way that the Sahtúot'jñę deal with crises?
2. In this episode, Mandy says that the Sahtúot'jñę people must “walk in the footsteps of our grandfathers and our ancestors who've come before us, who have been here for hundreds of thousands of years, since time immemorial.” What does this mean to Mandy? How do the Sahtúot'jñę see their Elders and ancestors?
3. How is the community of Déljñę engaging with the youth? Why? What is the Déljñę Youth Council and why is it important?
4. What is a traditional economy? Why is a thriving traditional economy important to the livelihoods of the Sahtúot'jñę?
5. Déljñę is part of a comprehensive land claim, is a self-governed community, and has been recognized by UNESCO as a Biosphere Reserve. How to these governance structures impact the community's vision for resilience and self-determination?