Season 2, Episode 3:  
“We walk in the footsteps of our ancestors”: Traditional knowledge, youth engagement, and resilience in Délįnę  

Featuring Mandy Bayha in conversation with Andrew Spring

Discussion Questions

1. How has the community of Délįnę respond to the pandemic? How is connection to the land fundamental to the way that the Sahtúot’įnę deal with crises?

2. In this episode, Mandy says that the Sahtúot’įnę people must “walk in the footsteps of our grandfathers and our ancestors who've come before us, who have been here for hundreds of thousands of years, since time immemorial.” What does this mean to Mandy? How do the Sahtúot’įnę see their Elders and ancestors?

3. How is the community of Délįnę engaging with the youth? Why? What is the Délįnę Youth Council and why is it important?

4. What is a traditional economy? Why is a thriving traditional economy important to the livelihoods of the Sahtúot’įnę?

5. Délįnę is part of a comprehensive land claim, is a self-governed community, and has been recognized by UNESCO as a Biosphere Reserve. How do these governance structures impact the community’s vision for resilience and self-determination?