



Episode 5:

“Change worth striving for”: International agreements as levers for food systems change

Featuring: Patricia Ballamingie, Alison Blay-Palmer, Barbara Emanuel and Theresa Schumilas

Discussion Questions

1. The [Sustainable Development Goals](#) include 17 goals that act as a “shared blueprint for peace and prosperity for people and the planet, now and into the future.” Drawing on insights from the episode, imagine how municipal food policies can contribute to efforts to meet at least 2 of the SDGs.
2. Name two ways that international agreements help create opportunities for sustainable food system change at the local level? Storytelling is an important theme in this episode.
3. Why do you think the contributors to this episode connect storytelling at the individual and community levels with international agreements? How do narratives of food systems change at the local level impact global narratives, and vice versa?
4. The City of Toronto used the [Milan Urban Food Policy Pact](#) as a way to frame the development of their municipal food policy. Why? What challenges did they face?